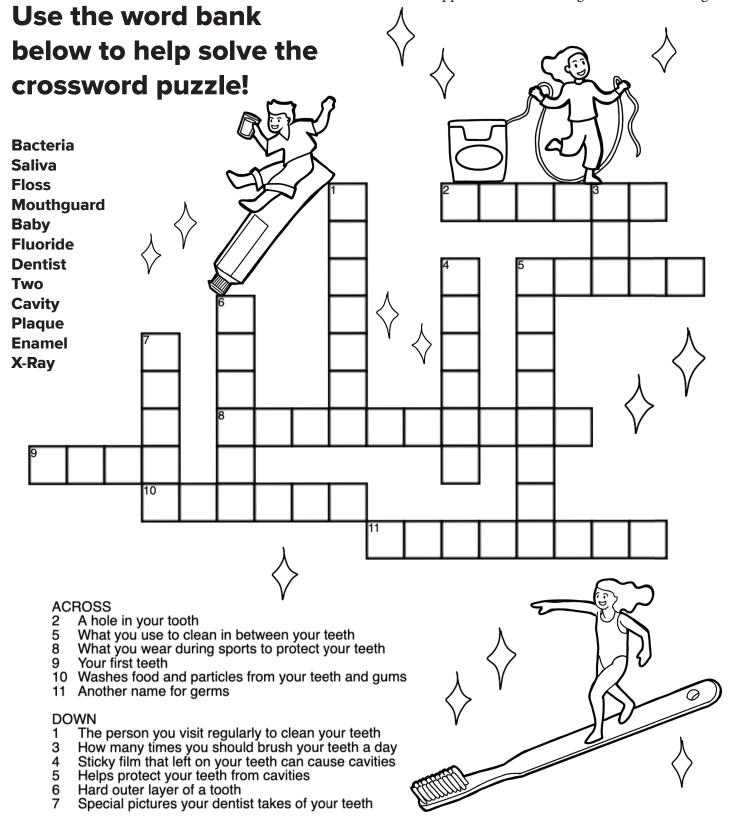
Bring this completed sheet to your closest Village Family Dental for a free toothbrush kit while supplies last! Parent or guardian must bring in sheet.



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## Celebrating 75 years of water fluoridation. Visit ADA.org/FromTheTap for more activity sheets.

## **HEALTHY SMILE TIPS**

- Brush your teeth twice a day with a fluoride toothpaste.
- · Clean between your teeth daily.
- Eat a healthy diet that limits sugary beverages and snacks.
- See your dentist regularly for prevention and treatment of oral disease.

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