



An estimated nine out of ten children suffer from Sleep Disordered Breathing (SDB).



These children experience a wide range of debilitating SDB- related health disorders, such as:

- ADD/ADHD
- Lower IQ
- Chronic Allergies
- Aggressive Behavior
- Mouth Breathing
- Swollen Adenoids & Tonsils
- Daytime Drowsiness
- Crooked Teeth
- Restless Sleep
- Bedwetting
- Night Terrors
- Dark Circles Under the Eyes
- Snoring
- Irritability
- Frequent Headaches
- Arrested Growth
- Low Grades in Math & Spelling

The Healthy Start System is an all-natural oral appliance therapy delivered by dentists, which addresses the root causes of SDB. The Healthy Start System has been specifically designed to promote the proper growth and development of the jaw and airway to optimize airflow and promote proper nasal breathing, as well as straighten your child's teeth. As these areas develop many of the symptoms of Sleep Disordered Breathing disappear.



Dr. Molly Guy Frenectomy Clinic & Healthy Start Program

Dr. Molly Guy has lived in Fayetteville, North Carolina since she was 3 years old. After graduating from Fayetteville Academy in 2001, she attended the University of North Carolina at Chapel Hill where she received her Bachelor of Science in Biology. She then received her Doctorate of Dental Surgery in 2010 from UNC-Chapel Hill School of Dentistry.

Dr. Guy began her career with Village Family Dental in July of 2010. She is certified laser proficient and performs CO2 laser frenectomies for infant and older patients with abnormally functioning tongue and lip frenulums. Dr. Guy is a member of the Greater Fayetteville Dental Society, the Fayetteville Young Professionals, the Academy of Laser Dentistry and volunteers with the Cape Fear Valley Health Foundation and The Care Clinic.

Call us today to schedule an appointment for your child: (910) 483-0723, Tana McColl, Coordinator